

# Sunrise & Machimoodus State Parks

East Haddam, Connecticut



Please Note:  
The location of trails and park features are from DGPS mapping.  
Other map features, such as State property, ponds, rivers, & streams are from the DEEP GIS database.  
As such locational discrepancies exist.

The trails at Machimoodus & Sunrise State Parks are non-motorized multi-use only.

**Sunrise State Park**

- Kayak/Canoe Launch Area
- Launch Area
- Foundation
- Field
- Paved

Entrance - Machimoodus & Sunrise State Parks

The boundaries of State-owned properties as shown on this map are approximate.

Trail distances between marks (★) are in miles.

**Explanation**

— Access Road	☒ Chemical Toilet (Seasonal)
- - - Gravel Road	☒ Kayak/Canoe Launch Area
— Trails	☒ Parking
— Gravel Road (Red Trail)	☒ Picnic Area
— Gravel Road (Purple Trail)	☒ Scenic View & Bench
— Blue (B)	
— Blue/Yellow (BY)	
— Orange (O)	☐ Machimoodus State Park
— Purple (P)	☐ Sunrise State Park
— Yellow (Y)	
— Grass Path	
- - - No Blaze	

